

FTCA Lunch Menu

November 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Spaghetti and Meatballs Steamed Corn Garlic Bread Cake W/Frosting	2 Chicken Strips Mashed Potatoes White Gravy Green Beans Dinner Roll Choc. Chip Cookie	3 Beef and Cheese Nachos Lett/Tom Mexican Corn Choc. Pudding	4	5 The Cost is \$5 a meal or \$70 for the month.
6	7 Hamburgers Lett/Tom/Pickle Chips Baked Beans Brownie	8 Meatballs Mashed Potatoes Brown Gravy Green Beans Dinner Roll Sugar Cookie	9 Pizza Cheese or Peperoni Steamed Corn Cake W/Frosting	10 Grilled Cheese Tomato Soup Crackers Choc. Pudding	11	12
13	14 Chicken Nuggets Mac and Cheese Green Beans Brownie	15 Red Beans and Rice Sausage Cornbread Cake W/Frosting	16 Chicken and Rice Steamed Carrots Dinner Roll Choc. Chip Cookie	17 Corndogs Fresh Carrots Chips Choc. Pudding	18	19
20	21 No School	22 No School	23 No School	24 No School	25	26
27	28 Breaded Chicken Sandwich Lett/Tom/Pickle Tater Tots Fresh Carrots Brownie	29 Chicken and Sausage Gumbo Rice Potato Salad Choc. Pie	30 Steak Fingers Mashed Potatoes White Gravy Green Beans Dinner Roll Sugar Cookie			

A Choice of milk, chocolate milk or water is available for each meal.
Please make sure your account stays in the positive.